



Materials Needed: Bible or Bible App, Egg, Unopened Bag or Jar

GO DEEPER

MORNING MOMENTS



Read: Judges 6:11-16
 God gave His people, the Israelites, a special place to live, but there were already some people living there that didn't like the Israelites! In fact, the Midianites destroyed the Israelites' food and their sheep and cows! God had a plan to save His people; He sent an angel to visit a man named Gideon. The angel told Gideon that he would be a great warrior and that he would save the Israelites! Gideon was confused; he was a weak man! But God promised He would be with Gideon and help Him, Gideon just had to trust God!

CREATIVE CONNECTION



Give your child an unopened bag or jar of food that you know they cannot open and ask them to open it. If your child begins to get discouraged, remind them they can ask for help. As soon as they ask for help, step in and help them. Remind your child that it's okay if we can't do something on our own and need help. Gideon didn't feel strong enough to be a warrior and defeat the Midianites all by himself. He had to trust that God would be with him and help him! And just like God wanted to help Gideon, He wants to help us too!
Remember: When I am afraid, I can trust God.

TABLE TIDBITS



Take an egg from the fridge and have your child carefully hold the egg in their palm. Right now, the egg is fragile and will break easily if tapped gently on the table (demonstrate this and allow the eggs to bust). But if you hard-boil the egg, the egg will become much stronger! Test this by hard-boiling the egg and tapping it gently on the table (the egg should be tapped but not bust). Gideon felt weak, but having God on his side made him stronger, just like hard-boiling the egg! He had to trust God,

CUDDLE CLOSE



Pull your child close beside you and say, "Always remember that you can trust God." As you tuck them into bed sing, "I Trust in Him" <https://tinyurl.com/ITrustinHim>. Then pray together, pausing after each phrase, to let your child repeat after you:
Dear God, I am so thankful that I can trust in You! Help me to remember that You can help me, Even when I feel small or weak. In Jesus' name, Amen.

	SCRIPTURE	SPECIAL WORDS
	Judges 6-7 Gideon	WHEN I AM AFRAID (hide face in hands) I CAN (thumbs to chest) TRUST (lay both hands on your heart) GOD (point up)
READ THIS	Did you know that God wants to use you for big things, just like He used the people we read about in the Bible? You may feel like you are too young, too small, or too afraid right now, but that's okay! God doesn't look for the biggest, strongest, toughest people! God looks for people who will trust in Him and obey Him. This week we will learn about a man named Gideon who did not feel like he was the best man for the job God had given him. In fact, he felt weak! But, he learned to trust God, and God used him to do amazing things! Let's "Go Deeper" this week and learn more about trusting God.	
MEMORIZE THIS	"Be strong (one muscle arm) and courageous. (other muscle arm) Do not be afraid (cross and uncross pointer fingers two times) or terrified because of them, (hide your face behind your hands) for the Lord your God (point up) goes with you; (march in place) He will never (move hands across body like a referee) leave you nor forsake you." (push both palms straight out) Deuteronomy 31:6 (NIV)	
IN ACTION	This week when you feel afraid, stop and ask God to help you trust in His strength! You can do this by praying, singing to God, or reading true stories in the Bible! You don't have to face fear alone, you can trust God to be your strength!	

CHECK OUT OUR COMPANION VIDEOS ON OUR YOUTUBE CHANNEL:
youtube.com/blueridgecommunitychurch

Materials Needed:
Bible or Bible App,
Toys/Blocks

GO DEEPER



MORNING MOMENTS

Read: Judges 6:25-31

God told His people never to worship anything except for Him. The Israelites did not obey God, even after all the amazing things He had done to show them His power. These other things that the Israelites worshipped were called idols, and they made God mad. God told Gideon to go and tear down the idols where he lived, but Gideon felt afraid because he knew that this would make the people mad. Gideon still obeyed God even though he felt afraid. God wants us to trust and obey Him too, even when we feel afraid!



CREATIVE CONNECTION

Use toys and build a statue or a tower together. Talk with your child about how people used to build idols that they would worship instead of worshipping God. God told Gideon to tear down these things that the people built because worshipping them broke God's laws. At night, Gideon snuck into the city and tore down the idol! Let's turn off our light and pretend it is night time. Then we can knock down the tower we built, just like Gideon knocked down the idol! Gideon felt afraid but he obeyed God anyway.

Remember: When I am afraid, I can trust God.



TABLE TIDBITS

Gideon had to be brave in order to obey God and tear down the idols the people built! Let's play a game to see how brave you can be! Prepare a few odd food combinations for your child to try. Encourage your child to be brave and try them, even if they're afraid it will be yucky!



CUDDLE CLOSE

Pull your child close beside you and say, "Always remember that you can trust God." As you tuck them into bed sing, "I Trust in Him" <https://tinyurl.com/ITrustinHim>. Then pray together, pausing after each phrase, to let your child repeat after you:
Dear God, Thank You for being good to me, Help me to trust and obey You no matter what, I love You. In Jesus' name, Amen.

Materials Needed:
Bible or Bible App, Fleece Pattern Printed on Cardstock, Scissors, Glue, Cotton Balls

GO DEEPER



MORNING MOMENTS

Read: Judges 6:36-40

When the angel first told Gideon that he would be a great warrior that would save the Israelites, Gideon had a hard time believing it! He didn't think he could possibly be the right person for the job! Gideon asked God to show him that it really was true. But even after God gave Gideon a clear sign, Gideon still felt unsure and asked for another one. God did not get angry at Gideon, even though Gideon did not trust His words at first. **Remember: When I am afraid, I can trust God.**



CREATIVE CONNECTION

Cut out the fleece pattern. On one side write, "When I am afraid, I can trust God." Say each word as you are writing this and have your child repeat each word after you. Then, have your child crumble and recrumble the fleece pattern until it becomes soft like leather (at least 15-20 times). Next, on the side without words, have your child stretch out and glue the cotton balls to the fleece pattern to make it look like wool. Place this in your room as a reminder that you can trust God when you are afraid.



TABLE TIDBITS

Find an open area in your home. Tie a handkerchief or a towel around your child's eyes. Stand in front of your child and encourage them to follow your voice through the room. Use your words to guide your child safely around any obstacles. Explain that even though your child may have felt afraid because they could not see, they could trust your voice to safely guide them through the room. God also wants us to trust in what He says, even when we feel afraid.



CUDDLE CLOSE

Pull your child close beside you and say, "Always remember that you can trust God." As you tuck them into bed sing, "I Trust in Him" <https://tinyurl.com/ITrustinHim>. Then pray together, pausing after each phrase, to let your child repeat after you:
Dear God, Thank You that I can trust what You say. Help me to trust and obey Your Words. I love You! In Jesus' name, Amen.

Materials Needed:
Bible or Bible App,
Bowl of Water

GO DEEPER



MORNING MOMENTS

Read: Judges 7:1-8

After Gideon finally felt sure that God wanted him to be the one to lead the Israelite army and save his people from the Midianites, he got his army ready for the battle. Gideon had 32,000 soldiers in his army - that's a lot! But God told Gideon there were too many soldiers and to send some home. God wanted to make sure that the Israelites trusted in His strength and power to save them from the Midianites, so He kept shrinking Gideon's army until only 300 soldiers were left! Gideon still trusted and obeyed God even though his army was tiny.



CREATIVE CONNECTION

Place a bowl of water on the floor. Direct your child to drink the water from the bowl however they feel comfortable doing so. In the story, the men who cupped water in their hands and lapped it up with their tongues, like a dog, stayed in Gideon's army. The men who knelt down and put their mouths directly in the water were sent home. Have your child talk about the way that they drank water from the bowl. Would they be with the soldiers who stayed in the army or the ones who went home? Even though Gideon was left with very few men he trusted God.

Remember: When I am afraid, I can trust God.



TABLE TIDBITS

Have your child help you set the table for dinner. Give them some silly directions like, "place the napkin under the plate." After the table is set, talk about how you were giving them silly things to do that didn't make sense. God's directions didn't make sense to Gideon either but Gideon still obeyed. Because Gideon obeyed, God helped him win the battle.



CUDDLE CLOSE

Pull your child close beside you and say, "Always remember that you can trust God." As you tuck them into bed sing, "I Trust in You" <https://tinyurl.com/ITrustinYou>. Then pray together, pausing after each phrase, to let your child repeat after you:
Dear God, Thank You for knowing what is best for me. Help me to obey Your directions. Thank You for loving me! In Jesus' name, Amen.

Materials Needed:
Bible or Bible App, Dried
Bean, Paper Towel, Ziploc Bag

GO DEEPER



MORNING MOMENTS

Read: Judges 7:15-22

To win a battle, soldiers need weapons, like a sword or arrows, right? Well, God told Gideon to give his soldiers some really strange weapons! Gideon gave them each a ram's horn and a clay jar with a torch in it. How in the world can you win a battle with a horn, a jar, and a torch? Well, the 300 soldiers all blew their horns and broke their jars while the Midianites were sleeping. The noise confused the sleepy Midianites, and God made them start fighting with each other! Gideon and his men just had to obey and trust God to do something amazing!



CREATIVE CONNECTION

Show your child a dried Pinto bean. When we are afraid, we may feel small and weak, like this little bean. But when we trust in God, He can help us to not be afraid! Because Gideon trusted God, he got to see God do amazing things! Make a reminder that God can grow us when we trust in Him. "Plant" two or three beans in a damp paper towel and place inside the plastic bag. Who can make the beans grow? God! We can give the beans some water, air, and light, but it is only God who can make the bean grow! Tape the bag in a window and watch over the next few days as God works, and the bean grows!



TABLE TIDBITS

Pretend that you are going into battle with Gideon. Cover a flashlight with a container to represent the jar and torch. Pass it around to each person in your family. The person who has it can name something they're afraid of or that seems impossible for them. Have them make a trumpeting noise, remove the container from over the flashlight and shout, "**When I am afraid, I can trust God!**" When we trust God, He can do things that seem impossible.



CUDDLE CLOSE

Pull your child close beside you and say, "Always remember that you can trust God." As you tuck them into bed sing, "I Trust in You" <https://tinyurl.com/ITrustinYou>. Then pray together, pausing after each phrase, to let your child repeat after you:
Dear God, Thank You for being so powerful! Please help my trust in You to grow, I love You. In Jesus' name, Amen.

GIDEON AND THE FLEECE

Judges 6:33-40

FLEECE PATTERN

